

AN INTER-ACTIVE GUEST SPEAKER PRESENTATION

Dr Gávi Ansara Presents:

How to Unlock your Aspie Superpowers



What's fabulous about Aspie people? Unlocking your Aspie superpowers, appreciating and bringing out the best in yourself and your Aspie loved ones!



About Dr Gávi Ansara

Dr Gávi Ansara (PhD Psych, MSc Soc Psych, MCouns, PACFA Reg. Provisional, Reg. NDIS Provider) is a poly-cultural, trauma-informed, and trans-affirming psychotherapist with over 15 years of global experience supporting people with marginalised life experiences.

His work has been internationally recognised by the 2011 UK Higher Education Academy's National Postgraduate Psychology Teaching Award for excellence in teaching, the 2012 American Psychological Association's Transgender Research Award for making a significant and original research contribution to the field, and the 2016 University of Surrey Vice Chancellor's Alumni Achievement Award for outstanding contributions to standards and policies in international human rights and social justice.

As Principal Psychotherapist at Ansara Psychotherapy and Imanadari Counselling, Dr Gávi provides neurodiversity positive, sex worker-affirming, kink-knowledgeable, and polyamory-affirming services for people, partners, and families in Melbourne, Sydney, and by distance worldwide.

DATE: Thursday 6th September 2018

TIME: 7.30 – 9.30 pm, followed by tea & coffee. Doors open at 7 pm

VENUE: The Nerve Centre, 54 Railway Road Blackburn

COST: \$25 Members \$40 non-members*

TO BOOK: <https://aspergersvic.org.au/event-3030633/Registration>

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Web: www.aspergersvic.org.au **Email:** admin@aspergersvic.org.au

Assoc: A0043862N

Post: 54 Railway Rd, Blackburn Vic 3130

ABN: 47 066 180 983

This Interactive Presentation will look at and discuss:

- Classic Aspie/allistic communications issues
- Why an Aspie might always feel that they are the bad one and how to deal with that
- Why is my parent/partner always upset at me?
- How you can be a cheerleader for your Aspie loved one
- Aspie/allistic couples
- Aspie superpowers
- The strengths that Aspie people bring to work and relationships

Aims to teach Adult Aspies and their loved ones:

- To learn strategies for Aspie people and their loved ones to handle some common situations where Aspie and allistic people have different needs and expectations
- To understand ways to improve Aspie/allistic 'intercultural' communication without blaming or pathologising the Aspie person, including ways Aspie people can advocate for themselves
- To discover some of the unique benefits and strengths—the Aspie superpowers!-- that Aspie people bring to their interpersonal relationships and how to activate and apply these strengths.

Who is this Presentation For?

Even though this presentation is focused on Adult Aspies and their loved ones, everybody that is interested in relationships and empowerment is encouraged to attend.

Format: Session will start with approximately 20 minutes of Dr Ansara talking and then a short break to allow time to think of questions / talk topics, before continuing on through until approx. 9.15pm. We encourage you to submit questions you already have in the box on the [registration form](#) on our website.

Getting There: Parking: Free parking is available at the venue in the carpark and in the surrounding streets. **Public Transport:** Take the train (Lilydale or Belgrave Line) to Blackburn and walk about 5 mins up to Railway Ave. Or several buses service Blackburn station.

Contact Details: Phillip Kalaitzis Events Coordinator events@aspergersvic.org.au
Emma H, Administration Assistant admin@aspergersvic.org.au

Please note: Photographs may be taken at this event and used by Aspergers Victoria for promotional purposes. If you do not wish you or your child's image to be used please contact us at admin@aspergersvic.org.au.

Event terms and conditions: <https://aspergersvic.org.au/events-tandc>



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