

***Project: 8335 The Quality of Life in Siblings of Adults with an Intellectual Disability:
Associations with Resilience and Locus of Control***

Be a part of an important research study.

- *Are you between 20 and 40 years of age?*
- *Do you have a sibling with an intellectual disability or autism spectrum disorder?*

If you answered YES to these questions, you may be eligible to participate in a research study.

The purpose of this study is to examine the outlook or mindset and quality of life of adults who have a sibling with an intellectual disability or autism spectrum disorder. This study aims to achieve this aim in two parts:

Part A: *You will be asked to participate in an online survey.*

Part B: *You will have an option to leave your contacts details, to potentially be invited to participate in an interview to further expand upon your answers provided in the survey.*

This study offers participants an opportunity to reflect on the traits and characteristics that they might have developed as a result of their experience in their relationships with their brothers or sisters with an intellectual disability or autism spectrum disorder. It is hoped that the findings from this study will contribute to a better understanding of the impact of growing up with a sibling with an intellectual disability or autism spectrum on one's outlook on life and overall quality of life in adulthood.

Participants will be entered into a draw to win gift vouchers for Part A and all participants will receive a gift voucher for Part B.

Please email Stephania at smer2@student.monash.edu for more information, or visit <http://tinyurl.com/y75braxr> to participate in the study.